SEXUAL HEALTH AND POSITIVE SELF-CONCEPT: BLACK GIRLS DESERVE IT TOO

GW KNAPP FELLOWSHIP

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THE BACKGROUND
THE BLACK GIRL EXPERIENCE

HISTORICAL MISUNDERSTANDING

ADULTIFICATION

GENERATIONAL STIGMA
Session one: Emphasize ethnic and gender pride. It encourages participants to explore and discuss the joys and challenges of being an African American adolescent female. Participants also acknowledge the accomplishments of African American women through reading their poetry and framing their art.

Session two: Raises awareness of HIV risk reduction strategies, such as abstaining from sex, using condoms consistently, and having fewer sex partners if you choose to have sex.

Session three: Uses role-plays and cognitive rehearsal to increase young women’s confidence in their ability to initiate safer sex conversations with a partner, negotiate safer sex, and refuse unsafe sex. During session three we will also discuss the importance of abstinence and consistent condom use and model condom use skills.

Session four: Emphasizes the importance of healthy relationships. The health educator and peer educators lead discussions in how unhealthy relationships can make it difficult to practice safer sex.
ORIGINAL PLAN: TENTATIVE SIHLE SESSION TOPICS

MIDDLE SCHOOL 1: Hygiene, and Safety. Gender expression
MIDDLE SCHOOL 2: History, stigma, and parental communication.
HIGH SCHOOL 1: Personal Sexual Health, Hygiene, and Love
HIGH SCHOOL 2: Communication, History, and Advocacy
But things do not always go as planned...and that is okay
MY EXPERIENCE
MY EXPERIENCE

- Curriculum
- Timing
- New Experiences
- Funding
- Facilitation
- Mindfulness
SIHLE DRIVE
Feminine Hygiene Drive
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OVERALL
THANK YOU FOR YOUR TIME