

SEXUAL HEALTH AND POSITIVE SELF-CONCEPT: BLACK GIRLS DESERVE IT TOO

GW KNAPP FELLOWSHIP



Bailey Moore

01



THE BACKGROUND

SIHLE, 2018

THE BLACK GIRL EXPERIENCE

HISTORICAL
MISUNDERSTANDING



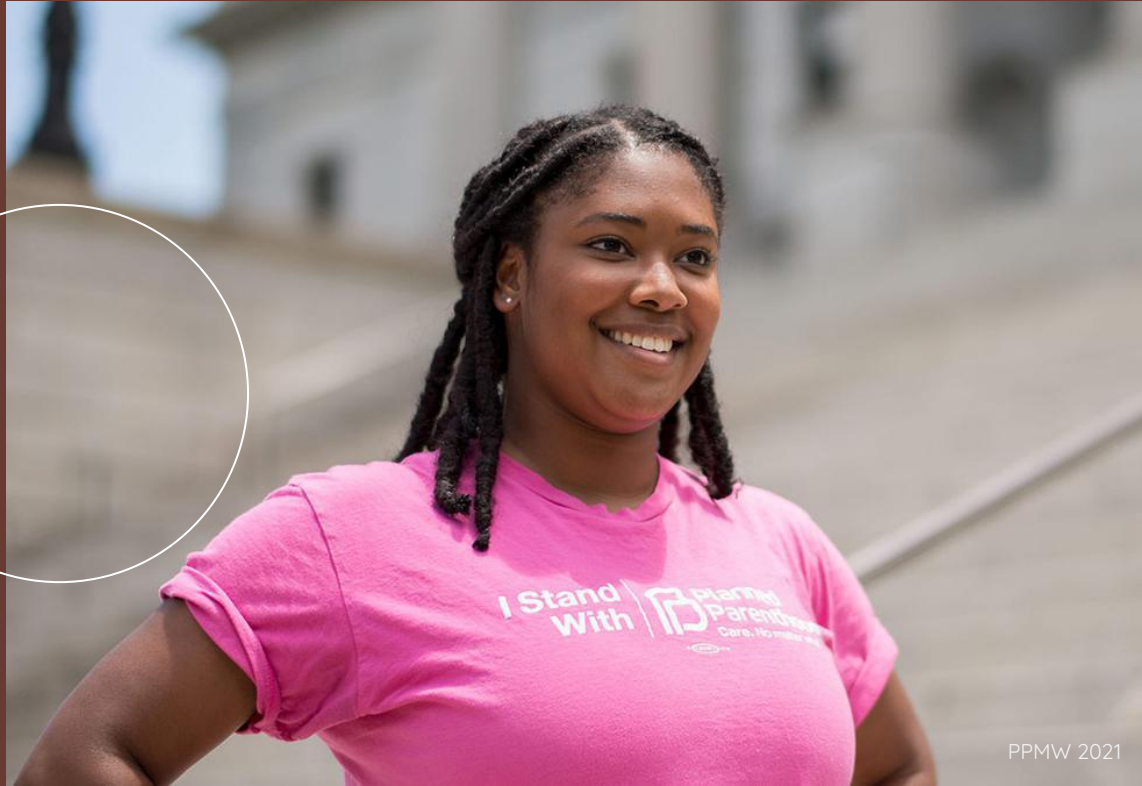
ADULTIFICATION



GENERATIONAL STIGMA



Planned Parenthood of Metropolitan Washington, D.C. (PPMW)

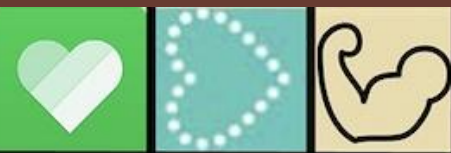


1

Session one: Emphasize ethnic and gender pride. It encourages participants to explore and discuss the joys and challenges of being an African American adolescent female. Participants also acknowledge the accomplishments of African American women through reading their poetry and framing their art.



Session two: Raises awareness of HIV risk reduction strategies, such as abstaining from sex, using condoms consistently, and having fewer sex partners if you choose to have sex.



2

Session three: Uses role-plays and cognitive rehearsal to increase young women's confidence in their ability to: initiate safer sex conversations with a partner, negotiate safer sex, and refuse unsafe sex. During session three we will also discuss the importance of abstinence and consistent condom use and model condom use skills.



3

Session four: Emphasizes the importance of healthy relationships. The health educator and peer educators lead discussions in how unhealthy relationships can make it difficult to practice safer sex.



4

ORIGINAL PLAN: TENTATIVE SIHLE SESSION TOPICS



MIDDLE SCHOOL 1

Hygiene, and Safety.
Gender expression



MIDDLE SCHOOL 2

History, stigma,
and parental
communication.



HIGH SCHOOL 1

Personal Sexual
Health, Hygiene,
and Love



HIGH SCHOOL 2

Communication,
History, and
Advocacy





But things do not always go as planned...and that is okay

02



MY EXPERIENCE



MY EXPERIENCE



CURRICULUM



TIMING



NEW EXPERIENCES



FUNDING



FACILITATION



MINDFULNESS





ALPHA KAPPA ALPHA SORORITY, INC., MU DELTA CHAPTER
+ THE BLACK GIRL PRE-HEALTH COLLECTIVE

SIHLE DRIVE

Feminine Hygiene Drive

CLICK THE LINK IN OUR BIO TO
DONATE UNTIL DECEMBER 2ND



03



OVERALL



THANK YOU FOR YOUR TIME